

2019 Bike-N-Brunch Cal-Sag Trail Trip Report



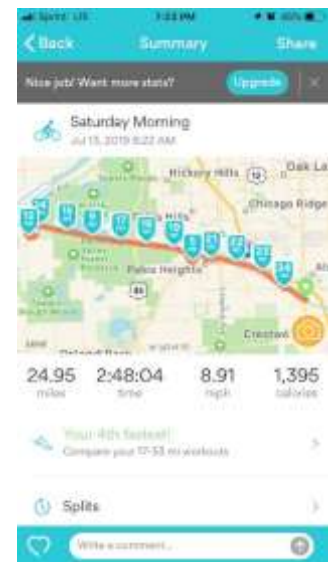
On July 13th, nineteen LSSC members and friends enjoyed a great morning of biking along the Cal-Sag Trail from Alsip, IL to the Sagawau Environmental Learning Center in Lemont, IL. The paved trail included views of the Cal-Sag Channel (including a barge), bridges, lakes and wetlands. The 26 mile round-trip ended with conversation and snacks back at the starting point in Alsip. With the recent heat and humidity in the area, the riders were grateful for the shaded portions of the route and the early start to the ride. Kudos to Dani Kirby who experienced 20 miles of the trail on

roller-blades as a way to cross-train for the upcoming cross-country ski, skating season. Fellow riders came to the aid of one of our group who got a flat rear tire—a lesson to always have an extra inner-tube with you on a long ride. Club members Tim Thurlow and Ken East called the trail, “A revelation.” The following comments from Liz Asmis summed up the biking experience for everyone: “This was a wonderful outing--the trail was lovely and so was the nature center. It was really interesting



to see another part of the area, and Ed did an amazing job of making it so pleasant for everyone.” The Cal-Sag Trail is a positive example of what local biking enthusiasts can achieve when they encourage the Forest Preserves of Cook County and local municipalities to develop a paved, multi-use trail. Let us all advocate for other similar trail development in the Chicago-land area. More info on the trail here:

<https://www.calsagtrail.org/>



---Ed Hanlon
Trip Leader